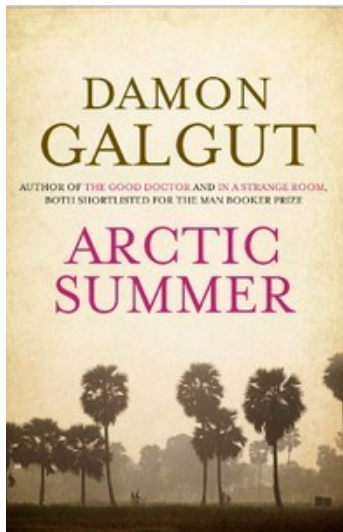# Feeling lonely

Reading for Wellbeing

DAMON GALGUT

AUTHOR OF *THE GOOD DOCTOR* AND *IN A STRANGE ROOM*, BOTH SHORTLISTED FOR THE MAN BOOKER PRIZE

ARCTIC SUMMER

'A thought-provoking and challenging look into our future. A timely warning shot that reminds us awareness without action is worthless.'
MICHAEL CARR-GREGG, PSYCHOLOGIST & BESTSELLING AUTHOR

MAGGIE HAMILTON

when we become strangers

How loneliness leaks into our lives, and what we can do about it

COLLINS CLASSICS

CHARLOTTE BRONTË
Jane Eyre

THE LONELY CITY

ADVENTURES IN THE ART OF BEING ALONE

OLIVIA LAING

SONYA HARTNETT
OF A BOY

'As sharp and as tender as a surprise need can be.' ROBERT DREWE

'I loved this novel.' Ann Patchett

Chemistry
Weike Wang

THE *SUNDAY TIMES* BESTSELLER

THE LIDO

LIBBY PAGE

Sometimes, the only way to change your life is to swim outside the lanes...

'Joyous and uplifting'
SARAH WINMAN

THE *SUNDAY TIMES* BESTSELLER

COSTA BOOK AWARDS
WINNER 2017

'Funny, touching and unpredictable'
JOJO MOYES

Eleanor Oliphant is Completely Fine

GAIL HONEYMAN